

For our children, their families and our staff

wow

Wise Owl Wellbeing



**HAPPY
MIND**



**HEALTHY
BODY**



**HEARTY
SOUL**

We are expanding our offer even wider than our RESPECT curriculum, to care for the mind, body and soul of our whole Wise Owl Trust family!

IN OUR RAPIDLY CHANGING WORLD, LEARNING IS SO MUCH MORE THAN ACADEMIC...

The challenges our children will face in meeting the demands of a convenience-first, always-on world means we need to equip them with a new and different set of skills to those of previous generations.

We are teaching our children to be able to adapt to, cope with and occasionally disconnect from the complexities of the modern world.

Our curriculum enables them to channel their thoughts, feelings, emotions, behaviours and beliefs in a positive way.

We are skilling them to cope cognitively and emotionally with challenges they face now and the life-stresses they may face in the future.

We are equipping them with a toolkit for the mind, body and soul, to help them make healthy decisions and lead happy lives.

Our Wise Owl Wellbeing strategy is a commitment to the whole Wise Owl family, supporting the development of the whole person, whether that be child, adolescent or adult.

THE STRANDS OF OUR WOW STRATEGY:



HAPPY MIND

- Growth mindset
- Understanding our own emotions & how they affect others
- Learning how to self-regulate our emotions/ emotion coaching
- Understanding how the brain works
- Emotional literacy
- Behaviour and attitudes towards learning
- Importance of sleep
- Mental Health Ambassadors



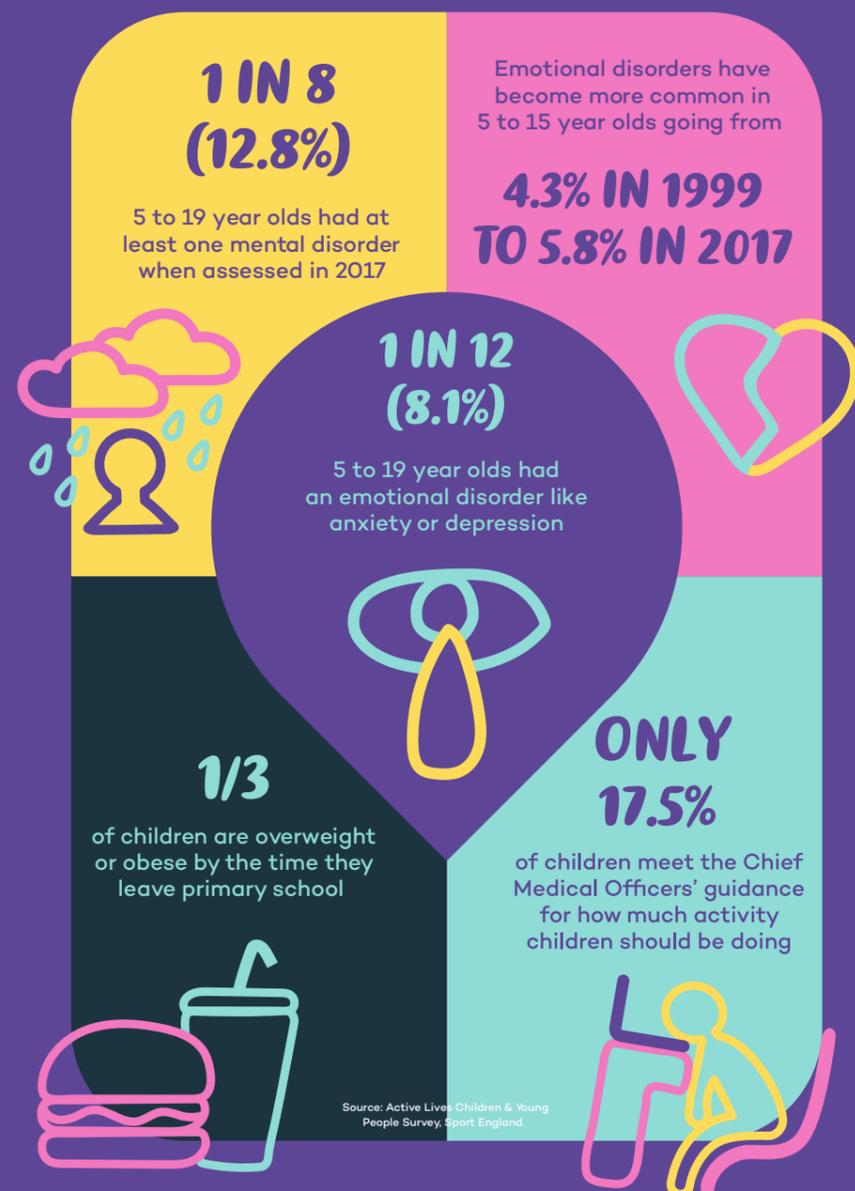
HEALTHY BODY

- Importance of being active
- Nutrition and healthy eating
- Basic first aid
- Learning about the changing adolescent body
- Education surrounding the dangers of drugs, tobacco and alcohol
- Health and prevention (hygiene, dental, bacteria, vaccination, sleep etc)
- Character in sports
- Body image



HEARTY SOUL

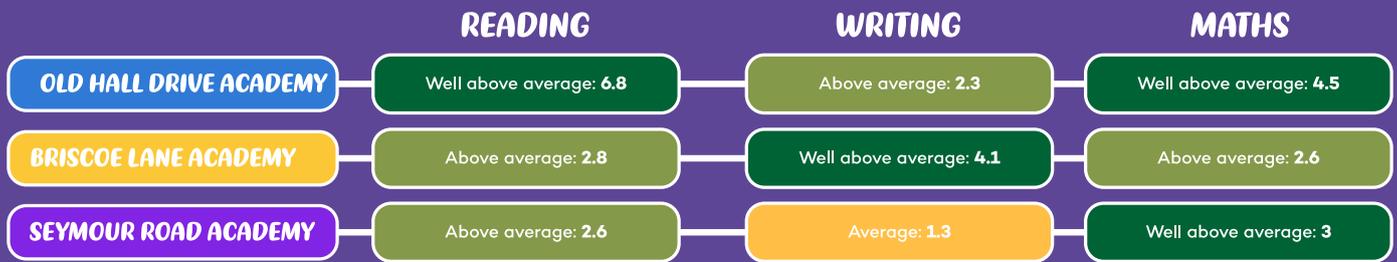
- Character education
- Responsibility
- Future ambitions
- Enterprise
- Life skills
- Conflict resolution
- Positive relationships (bullying, friendships, staying safe)
- Personal growth
- Authority / talking about issues (it's ok to talk)
- Personal safety
- British values



CHARACTER EDUCATION

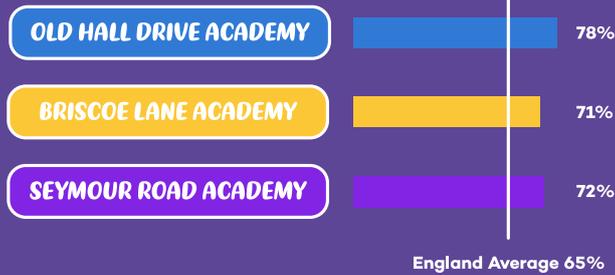
Topics covered in our RESPECT curriculum

YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
 Simba & Me "Circle of Life"	 Samuel Pepys "London's Burning"	 Ed Stafford "Walking the Amazon"	 Bear Grylls "Survival"	 Tim Peake "Blast Off"	 Nancy Wake "The White Mouse"
 Traditional Tales "Once Upon a Time"	 Pocahontas "Trouble in the Tribe"	 Ernest Shackleton "Endurance"	 Kira Salak "Gorilla in the Mist"	 Ranulph Fiennes "Transglobe Adventures"	 Amelia Earhart "Final Flight"
 Steve Backshall "A Walk on the Wild Side"	 The Queen "The Longest Reign"	 Nellie Bly "Around the World in 72 Days"	 Leif Erikson "Voyage of Discovery"	 Spartacus "Romans Revolt"	 Ibn Battuta "Eastern Odyssey"



% OF PUPILS MEETING EXPECTED STANDARD

Reading, Writing, Maths combined



% OF PUPILS MEETING HIGHER STANDARD

Reading, Writing, Maths combined



“It is our dream to change the lives of not only our children, but of the families of our children, and our whole Wise Owl Trust family”

– SOPHIE MURFIN, EXECUTIVE PRINCIPAL

“Pupils are very proud of their school and say it is a happy place where teachers care about them. Key to this success are the seven core values of ‘RESPECT’ that permeate all aspects of school life and underpin decisions about school policies. Staff teach pupils the importance of resilience, empathy, self-awareness, positivity, excellence and communication.”

Briscoe Lane Academy Ofsted, September 2018

“The curriculum contributes to both the pupils’ personal development and the good and improving progress that they make... Improvements made so far are due to leaders promoting and ‘living’ the school’s RESPECT (respect, empathy, self-awareness, positivity, excellence, communication and teamwork) curriculum.”

Old Hall Drive Academy Ofsted, January 2019

“All staff promote the values enshrined in their RESPECT (resilience, empathy, self-awareness, positivity, excellence, communication and teamwork) curriculum and pupils recognise these characteristics in themselves and others. Pupils’ well-being and the way in which they are nurtured and supported are at the heart of what this school is about. Parents, carers, staff and pupils agree that this is a happy place to be.”

Seymour Road Academy Ofsted, March 2019

Percentage of children who felt they had improved character traits in the following areas:

